

**Children 8-12**  
**Adolescents**  
**Adults**  
**Elders**

**Individuals**  
**Couples**  
**Families**  
**Groups**  
**Supervision**



**Pamela V. Church, LMFT**  
**1732 SE Ash St**  
**Portland, OR 97214**  
**503-239-8737**

---

**Licensed Marriage and Family Therapist**

**Professional Interests / Specialties:**

The aim of therapy for many is to live in happiness and well-being. How we get there is about the skill and means to process conflict, depression, anxiety, body distress. My perspective is psychodynamic and relational, as well as integrating a mindfulness of body states. I work with facilitating whole-brain functioning with body-centered tools that further resource and resiliency.

I work with core issues and healing the heart as a way to further compassion and connection. A major focus of my practice, in addition to short- and long-term work with adolescents and adults, is couples therapy. My approach is about resolving painful patterns, increasing intimacy, and honoring strengths.

I believe therapy is an alchemical model of transforming lead into gold, releasing distress, and creating a good life based on worthiness.

**Education:**

BA, Psychology, University of Michigan, 1972. MA, Clinical Psychology Antioch University, 1980.

**Background / Experience:**

In private practice since 1980, seeing adolescents and adults, as well as facilitating trauma groups in schools and agencies. I am a licensed clinical supervisor.

- Author of *Gestures of the Heart: A Guide For Healing The Residue of Life's Trauma*.
- Presented Somatically Accessed Wisdom (SAW) at Association for Comprehensive Energy Psychology (ACEP) national conferences, May 2003, April 2005, and April 2006.
- Presented SAW and "Practical Clinical Skills to Address Neurobiology" and gestural protocols to work with trauma states at OAMFT state conferences, March 2005 and April 2006.

**Professional Affiliations / Activities:**

American Mental Health Alliance – Oregon  
Clinical Member of American Association of Marriage and Family Therapy

**Wheel Chair Access: No**